



ACTIVITIES AND SKILL DEVELOPMENT

Activity	Communication	Confidence building	Team building	Co-ordination	Planning	Problem solving	Decision making	Setting & achieving objectives	Reviewing	Risk awareness	Learning new skills	FUN	EXPERIENCE
Archery		✓		✓				✓		✓	✓	✓	✓
Aero ball				✓								✓	✓
Aerial runway (zip wire)		✓					✓	✓		✓		✓	✓
Canoeing		✓		✓						✓	✓	✓	✓
Climbing		✓		✓			✓	✓	✓	✓	✓	✓	✓
Crate stacking	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓
Chase trail	✓		✓					✓		✓		✓	✓
G8 (global awareness)	✓				✓	✓	✓	✓	✓		✓	✓	✓
Giant Swing	✓	✓	✓	✓			✓	✓				✓	✓
Grass sledging										✓		✓	✓
Hiking	✓		✓		✓		✓	✓	✓	✓		✓	✓
High Ropes	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
Jump mats												✓	✓
Low ropes	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
Mission Impossible	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓
Orienteering	✓	✓			✓	✓	✓	✓				✓	✓
Pedal go-carts		✓		✓			✓			✓		✓	✓
Pioneering	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Raft building	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Revolving climbing wall		✓		✓			✓	✓	✓	✓		✓	✓
Rifle shooting		✓		✓				✓		✓	✓	✓	✓
Swimming		✓	✓							✓		✓	✓

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